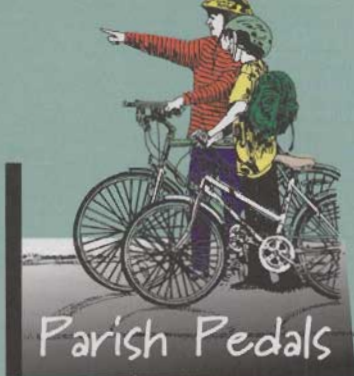


Parish Pedals Around HAWKHURST & BEDGEBURY FOREST



Cycling is the ideal way to explore the Weald of Kent and the pretty country lanes around Hawkhurst and tracks of Bedgebury Forest. The route traverses high Wealden ridges, follows sunken shady lanes and meanders alongside the magnificent pine trees of Bedgebury.

There are places of interest such as Bedgebury Pinetum (slightly off the route but within easy cycling distance) as well as picturesque villages such as Iden Green. There are several Public Houses along the route for refreshment as well as ample opportunity for "picnicking" alongside the route at various view points.

The route uses quiet lanes which are also used by horseriders, so please take care when approaching as your appearance could easily startle a horse. When overtaking give the horse and rider plenty of room.

For further information on attractions to be found in and around the area, please contact the Tourist Information Centre at Royal Tunbridge Wells on (01892) 515675 (open 7 days a week, all year round) or at Cranbrook on (01580) 712538 (open April to end of September only). To explore further afield you may find the Ordnance Survey Landranger Series map no. 188 useful.

We hope you find this leaflet helpful, should you have any further queries concerning this publication please contact the Kent High Weald Project on (01580) 712771.

Happy Biking

Cycle Dos and Don'ts

Do

Always give way to walkers and horseriders on bridleways.

Be visible - Wear bright colours.

Make sure your bike is equipped with reflectors and lights if you expect to be out in the dark.

Follow the Highway Code - Obey the rules of the road and show courtesy to other road users.

Consider - Wearing a cycle helmet, especially if you intend to cycle fast, on busy roads, or off-road.

Make sure - You carry water and a snack. Beware of the sun and carry a hat and sunscreen.

Ride in single file where the road narrows and where visibility is poor.

Don't

Manoeuvre - Without first looking and signalling.

Forget to always look and listen.

Hog the Kerb - This will allow you little room to manoeuvre.

Go out - Without letting someone know where you have gone, especially if you are cycling off-road.

Forget - To pump up your tyres before you go, and carry a puncture repair kit and pump.

Tunbridge Wells
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